



HAMILTON TOWNSHIP SCHOOL DISTRICT

Office of Curriculum & Instruction

Scott R. Rocco, Ed.D.
Superintendent of Schools

Anthony Scotto
Director of Curriculum & Instruction

2023-2024 Health Syllabus 12th Grade Topics Aligned to the 2020 Standards

The High School Curriculum is designed to teach students the information and skills they need to become health literate, to maintain and improve health, prevent disease, and reduce health-related risk behaviors. Through this curriculum, students will develop critical thinking, problem solving, and communication skills. In addition, the students will demonstrate good character and behaviors that promote a safe, fit, and healthy family, community, nation, and world.

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| Advanced Wellness | <ul style="list-style-type: none"> Behavioral Risk Factors Genetic Risk factors Environmental & Socio Economic Risk Factors Characteristics of noncommunicable diseases Diseases of blood vessels and heart Diagnosis & treatment for heart disease | <ul style="list-style-type: none"> Cancer(breast and testicular self exams, mammograms), Diabetes Allergies Asthma Arthritis |
| Relationships | <ul style="list-style-type: none"> Family Relationships Peer Relationships Work Relationships Conflict resolution Legal consequences for varying ages | <ul style="list-style-type: none"> Violence & Abuse in relationships Recognizing violent & abusive relationships Domestic violence Child abuse |
| Human Sexuality | <ul style="list-style-type: none"> Unwanted sexual activity Legal consequences (unwanted sexual advances, rape, molestation) Human sexual response cycle Impacts of sexual relationship | <ul style="list-style-type: none"> What is sexuality Sexual orientation Boundaries |
| Drug Awareness & Prevention | <ul style="list-style-type: none"> SAC Communities Available for Students and Families Hallucinogens | <ul style="list-style-type: none"> Overdose Safety Date Rape Drugs & Depressants |
| Life Project | <ul style="list-style-type: none"> Project Based Learning throughout the semester based on the students' Health Literacy involved in everyday life scenarios. | |

Please return the bottom portion of this form to your child(ren)'s school

I have reviewed my child(ren)'s agenda and am aware of topics covered in their Health Education. I am also aware that if I wish to opt out my child(ren) from any portions of the family life/sexual health portion of the curriculum, I am to complete the opt out form via PowerSchool.

Student Name: _____ Health Teacher: _____

Parent/Guardian Signature _____ Date _____