

Miss Zukas, School Counselor!

Langtree Spirit Wear



Contact me @
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(609)-631-4157 Option 2

Please visit my Guidance
Webpage for more information
and resources!

Have You Filled a
Bucket Today?



What Does My School Counselor Do?

- ☐ Talk to one-on-one or in groups
 - ☐ Social-Emotional Student Support Mentor
 - ☐ Lunch Bunches and other groups
 - ☐ 5th grade PALS
 - ☐ School Climate control - ABS & AAO
 - ☐ Teams/Committees: I&RS, 504 Team and Student Support Team, School Safety/Climate Committee, and Character Education Committee
 - ☐ Community outreach

Please go to my Guidance Webpage for more details

Conflict Resolution

- What do elementary students experience majority of the time, conflict or bullying? **Conflict**
- Does not mean that bullying does not occur, but not as often as conflict – which happens everyday!
- Bullying focuses on :
 - Motivated & Targeted for Specific Perceived Characteristic
 - Uneven Power Balance
 - Known Effects of Harming /Damaging Another Student
 - Insulting, and/or Demeaning
 - Creates Hostile Environment
- **Bullying** and **Conflict** are **NOT** Synonyms
- Practice the 6 Steps of Win-Win
Conflict Resolution - Upstanders!

Character Education

- ❑ We focus and promote **Character Education, Growth Mindset, and Social & Emotional Learning**
 - ❑ Going beyond the **6 Pillars of Character**
 - ❑ Positive thinking and doing your **Bulldog BEST!**
 - ❑ **GRIT and Power of Yet!**
 - ❑ Feelings and Behaviors
 - ❑ Self-Awareness and Self-Management
 - ❑ Responsible Decision Making
 - ❑ Feelings Check In and Calm Down Strategies
 - ❑ Deep Breathing, Calm Down Corner, Yoga!



Social - Emotional Learning : CASEL

